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Calendar Listing – July 9th & 10th 2010

WHO: Men and women ranging from the ages of senior citizens, adults and teenagers who are registered with the National Physique Committee (NPC) will compete in the 2010 NPC Southern States Championships.

WHAT: **July 9th & 10th –**
The 30th Annual 2010 NPC Southern States Bodybuilding, Fitness, Figure & Bikini Championships is the largest regional national qualifier in the Eastern United States. The NPC, which sanctions amateurs in the U.S. and is part of the International Federation of Body Builders (IFBB) and helps organize the judging of this event to take place at the War Memorial Auditorium

WHERE: **July 9th & 10th –**
The War Memorial Auditorium
800 NE 8th Street
Fort Lauderdale, Florida
(954) 828-5380

WHEN: **Friday, July 9th – 6:00 p.m.** **Saturday, July 10th – 9:00 a.m.**
Men & Women Men & Women
Fitness, Figure & Bikini Bodybuilding - Prejudging
Tickets: \$20 VIP: \$30 General Admission: \$20

Saturday, July 10th – 6:00 p.m.
Men & Women
Bodybuilding Championships
Reserved: \$25 VIP: \$35

2010 NPC Southern States Championships Presents
The Maria Bellando Fitness & Figure, Manuel Mair Fitness
& Bodybuilding Championships

**SPECIAL
GUESTS:**

TANJI JOHNSON, IFBB Fitness Pro

“Stealth” from American Gladiators
2009 IFBB Olympia Fitness

VICTOR MARTINEZ, IFBB Pro

2007 IFBB Arnold Classic Overall Champion

KRISTAL RICHARDSON, IFBB Figure Pro

2009 IFBB Ft. Lauderdale Cup Winner

FOUAD ABIAD, IFBB Pro

2009 IFBB Tampa Bay Pro Runner-Up
IFBB Canadian National Champion

MARK ALVISI, IFBB Pro

2009 NPC USA Overall Champion

MANUEL ROMERO, IFBB Pro

2007 NPC Southern States Champion

ZACK KHAN, IFBB Pro

IFBB British National Champion

*Tickets are available from Ticketmaster, War Memorial Auditorium
(954) 828-5380 and USA Sports Promotions of Florida
(954) 763-2718. *Tickets for Saturday, July, 10th Pre-Judging are ONLY
available from USA Sports Promotions of Florida.*